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40086 PASEO PADRE PARKWAY

FREMONT, CA 94538 www.fremont.gov

*Vegetarian Option Available

MEALS ARE COOKED ON SITE

LUNCH: 12:00 NOON

Members: \$4:00 Non-Members: \$6:00

TICKETS INFORMATION #790-6610

LUNCH SEPTEMBER 2005

Please speak to the Chef before 10am for special dietary needs

OFFICE # 790-6600 To Go Tickets Must Be Deposited At The Large Kitchen Window Immediately After Purchase

SOLD:

FIRST-COME, FIRST-SERVED NO REFUNDS, NO EXCHANGES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			Poached Fillet Of Sole In Tarragon Cream Sauce, Rice Pilaf Vegetable, Salad Roll, Dessert	Asian Style Chicken & Noodles, Vegetable Salad, Roll Dessert
CLOSED FOR LABOR DAY	Crab Cakes, Steamed Red Potatoes Cole Slaw, Roll Dessert	Braised Lamb Shanks With Assorted Vegetables, Salad Roll, Dessert	Baked Ham Steaks Scalloped Potatoes Vegetable, Salad Roll, Dessert	Birthday Party 9 Luau Lunch \$5-\$7- Roasted Pig, Chicken With Pineapple, Hawaiian Fish Cooked In Sesame Oil Rice Pilaf With Macadamia Nuts
12	13	14	15	16
Swiss Steak With Vegetables, Salad Mashed Potatoes Roll, Dessert	Taco Salad Dessert	Meat Balls Over Spaghetti, Vegetable Salad, Garlic Bread Dessert	Charcoal Grilled Chicken Over Caesar Salad, Roll Dessert	Sweet & Sour Fish Steamed Rice, Salad Vegetable, Roll Dessert
Corn Beef Brisket Cabbage, Carrots Potatoes, Roll Dessert	Chicken With Pasta Tomatoes, Olives Herbs, Vegetable Salad, Garlic Bread Dessert	Meat Loaf, Gravy Mashed Potatoes Vegetable, Salad Roll, Dessert	Chicken Cordon Bleu Multi Grain Pilaf Vegetable, Salad Roll, Dessert	Baked Salmon Parsley New Potatoes Vegetable, Salad Roll, Dessert
Oven Roasted Beef Baked Potato, Salad Vegetable, Roll Dessert	Sherry Apple Pork Chops, Vegetable Smothered Potatoes Salad, Roll Dessert	Grilled Liver & Onions Mashed Potatoes Gravy, Vegetable Salad, Roll Dessert	Moroccan Lamb Over Couscous, Vegetable Salad, Roll Dessert	Oven Fried Chicken Macaroni & Cheese Vegetable, Salad Roll, Dessert

MENU SUBJECT TO CHANGE DUE TO AVAILABILITY OF FOODS. Please Note: If you take food home with you from the meal site, it is done at your own risk. Be sure to eat food or refrigerate it within 30 minutes of leaving the site. Reheat in a 350 degree oven until bubbly for 5 minutes. Discard any food left after 3 days.